

grief speak

Helping Teens Find their Voice

Hospice of the Valley's program, Grief Speak, was developed to support grieving teens and those who care for them. The teenage years are challenging. When teens experience the death of a family member or peer through disease, violence or an accident, the loss profoundly affects their coping and development. The Grief Speak program seeks to help teens move toward acceptance and integration while educating those who love them.

Programs include

- Grief Gone Wild – A wilderness experience for grieving teens
- Teen online grief discussion group
- Support groups
- Educational materials for teens and the people who support them
- Innovative and culturally sensitive approaches to reach teens about grief and loss

Grief Speak is sustained through donations. All teens are served, regardless of whether their loved one was a patient of Hospice of the Valley, a not-for-profit leader in end-of-life care.

For more information about Grief Speak, call 602.530.6970 or 602.530.6987.

Printed on Recycled paper.

