



Picking Up the Pieces in Mid-Life

When a Spouse or Partner Dies

This interactive six-week group is designed for those in midlife whose spouse or partner has died. Information, activities and sharing will address issues like:

- Shifting identity from a couple to a single person
- Dealing with loneliness
- Negotiating relationships with friends, family and social networks
- Finding new roles as a parent or grandparent

Six Wednesdays, beginning March 21, 2012
6:30–8 p.m.

Hospice of the Valley, West Office
9435 W. Peoria Ave.
Peoria, AZ 85345

Please call to register
602.636.5390

This group will be limited in size, please call soon to reserve your space.



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