



Picking Up the Pieces in Mid-Life

When a Spouse or Partner Dies

Six Tuesdays, beginning January 10, 2012
6–7:30 p.m.

Maricopa Library North Valley Regional Branch
40410 N. Gavilan Peak Pkwy.
Anthem, AZ 85086

This interactive six-week group is designed for those in midlife whose spouse or partner has died. Information, activities and sharing will address issues like:

- Shifting identity from a couple to a single person.
- Dealing with loneliness.
- Negotiating relationships with friends, family and social networks.
- Finding new roles as a parent or grandparent.

To reserve your space, please call
602.636.5390

*This group will be limited in size.
Please call soon to reserve your space.*



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