



Teens Talking to Teens

an online grief discussion group

**"Working your way through grief is some of the hardest work you will ever have to do—
but you don't have to do it alone."**

- Who:** Teens who have experienced a death loss.
- What:** Teens Talking to Teens—a safe, anonymous, free online place where grieving teens can share their stories and ask questions or just read to learn more about grief.
- When:** Available day or night.
- Where:** www.hovforum.iphost.com *
- How:** Go to the HOV website.
Click on "register" next to the "Welcome Guest" greeting at the top of the page.
Follow the instructions there.
A user name and secret password will be required.
- Why:** To let teens know they are not alone in their grief.
To provide a safety zone for teens to express what they are really feeling and thinking.
To help teens better understand the grief process.

* This site will be moderated by certified hospice bereavement counselors for your safety.