

## GRIEF RESOURCES

### General Grief Books

*Lifetimes: A Beautiful Way to Explain Death to Children*, Bryan Mellonie (preschoolers)

*When Someone Very Special Dies*, Marge Heegaard (5–9 year-olds)

*The Empty Place*, Roberta Temes (5–9 year-olds)

*Fire in My Heart, Ice in My Veins*, Enid Traisman (teens)

*When Death Walks In*, Mark Scrivani (teens)

*The Next Place*, Warren Hanson (families)

*The Grieving Child: A Parent's Guide*, Helen Fitzgerald (parents)

*Swallowed by a Snake*, Thomas Golden (men)

### Grief Books for Suicide

*Someone I Love Died by Suicide*, Doreen Cammarata (young children)

*After a Suicide: A workbook*, Dougy Center (young children up to 12)

*Suicide Survivors*, Adina Wroblewski (teens and adults)

*Dying to be Free*, Beverly Cobain and Jean Larch (teens and adults)

*The Forgotten Mourners: Sibling Survivors*, John's Sister

*After a Parent's Suicide: Helping Children Heal*, Margo Requarth

### Grief Books for Schools

*Grief Comes to Class*, Majel Gliko-Braden

*Helping the Grieving Student*, Dougy Center Resource

*Supporting Children and Teens through Grief and Loss: A Guide for Schools*, Helen McGlaufflin

*Class in Room 44*, Lynn Bennett Blackburn

*Death in the Classroom*, Kathleen Cassini

### Parenting Books

*A Parent's Guide to Raising Grieving Children*, Phyllis Silverman and Madelyn Kelly

*Nurture by Nature*, Paul and Barbara Tieger

*Unconditional Parenting*, Alfie Khon

*Positive Parenting from A to Z*, Karen Joslin

*Blessings of a Skinned Knee*, Wendy Mogel

*Raising an Emotionally Intelligent Child*, John Gottman



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*A program of Hospice of the Valley*

### **Helpful Websites**

kidsaid.com: for and by grieving kids

fireinmyheart.org: for grieving teens

centering.org: resource for books and workbooks

dougycenter.org: many resources including national directory of programs

### **Local Resources**

New Song Center for Grieving Children: 480.951.8985

Hospice of the Valley: 602.530.6900

Compassionate Friends: 480.361.1877

Mothers in Sympathy and Support: 623.979.1000

Stepping Stones of Hope: 602.264.7520

Survivors of Suicide: 480.784.1514